

Star, NC presents...December 8, 2012

Race Information. There will be a limit of 300 runners for this race. Register Early! Early Bird Rate: \$20=5K, \$10=1 mile, if you register by November 23. Registration fee will be \$25 the day of the race and \$15 for the 1 mile Fun Run race. Strollers are welcome at no extra charge. To be guaranteed a t-shirt you must register by November 23.

Event Timing

The race will be timed by Peter Ascitutto from Vac & Dash Albemarle.

Registration and Packet Pick-up Information Each runner who registers by November 23 will receive a bag containing a T-Shirt & other items. Bags will be available for pickup from 4:00 p.m. – 8:00 p.m. Friday December 7 at Star Town Hall. You may also pick up your packets the day of the race from 8:00 a.m. – 8:45 a.m. at Star Elementary School. **The 1 mile race will start promptly at 8:00 am and the 5K will follow at 9:00 a.m.**

Course Description: The races take place in a nice residential course in the town of Star. The course starts and finishes Star Elementary School on Cotton Creek Drive. There will be a water station at 1 and 2 mile marker and at the finish line.

Awards Ceremony will be held at Star Elementary Cafeteria at 10:30 a.m.

Age Award Categories

Overall Male 1st, 2nd, 3rd place male

Overall Female 1st, 2nd, 3rd place female

Overall winners will not be included in the age category awards

Individual Male and Female 1st, 2nd & 3rd for each age category as follows:

8-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Bandit Runners are prohibited and will be removed from the route by law enforcement officers

Additional Information:

If you have questions please contact Race Director, Tammy Owens at GetFitStayFitBootCamp@yahoo.com or 910-975-1397. You may also call the Town of Star at 910-428-4623 or e-mail them at townofstar@gmail.com

Mail Entry Form and make Checks payable to (Drop off or mail in registration & check):

Town of Star
Twinkle Toes 5k
PO Box 97
Star, NC 27356

First Name: _____ Last Name: _____ Male _____ Female _____

Street Address: _____ City: _____ State: _____ Zip: _____

Phone Number: _____ E-Mail: _____ Age on race day: _____

Amount Enclosed: Mile Fun Run _____ 5K _____ T-Shirt Size: Youth ___ S ___ M ___ L Adult ___ S ___ M ___ L ___ XL ___ XXL

WAIVER: I know that running/walking is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated participating in this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the race directors, Town of Star, North Carolina, all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event. If I choose to push a baby stroller in the race, I will be solely responsible for the child in the stroller.

Print Name of Participant

Signature (Parent's Signature If under 18)

Date